

Standard Shooting Tests

25 /25 TEST

For: Accuracy

On: 10 ring scoring paper target with 2 rows of 5 targets

From a loaded magazine, fire 5 shots (5 magazines prone, 5 magazines standing) into each target

Time limit: 1 minute per 5 shots, standing behind the lane to last shot

Note your score. Prone + standing = Total

Total possible score is 500!

20 ONE SHOT TEST (10 prone+ 10 standing)

For: Accuracy and Time

On: paper biathlon target (one each for prone and standing)

Penalty: 15 seconds per miss

Start, finish and turning point are 5 meters behind the firing line

Use full *range procedure* with rifle and poles/straps on before next shot

Change magazine before every shot

Note your points. Range time + penalty (15 sec/miss) = Total

AMERICAN TEST 4 x 5(2 magazines prone + 2 magazines standing)

For: Accuracy and Time

On: 2 adjacent medal targets

Shooting order is; prone, standing, prone, standing

Use full *range procedure* (with rifle and poles/straps on) while moving back and forth between shooting points

Start, finish and turning point are 5 meters behind the firing line

Partner resets targets after each 5 shots

Penalty: 10 seconds per miss.

Note your points. Range time + penalty (10 sec/miss) = Total

*These tests are used to monitor both accuracy and speed throughout the dryland training periods. Scores and dates should be recorded as well as environmental factors such as wind.