**Standard Shooting Tests**

**25/25 TEST**
For: Accuracy
On: 10 ring scoring paper target with 2 rows of 5 targets
From a loaded magazine, fire 5 shots (5 magazines prone, 5 magazines standing) into each target
Time limit: 1 minute per 5 shots, standing behind the lane to last shot
Note your score. Prone + standing = Total
Total possible score is 500!

**20 ONE SHOT TEST (10 prone + 10 standing)**
For: Accuracy and Time
On: paper biathlon target (one each for prone and standing)
Penalty: 15 seconds per miss
Start, finish and turning point are 5 meters behind the firing line
Use full range procedure with rifle and poles/straps on before next shot
Change magazine before every shot
Note your points. Range time + penalty (15 sec/miss) = Total

**AMERICAN TEST 4 x 5 (2 magazines prone + 2 magazines standing)**
For: Accuracy and Time
On: 2 adjacent medal targets
Shooting order is; prone, standing, prone, standing
Use full range procedure (with rifle and poles/straps on) while moving back and forth between shooting points
Start, finish and turning point are 5 meters behind the firing line

Partner resets targets after each 5 shots

Penalty: 10 seconds per miss.

Note your points. Range time + penalty (10 sec/miss) = Total

*These tests are used to monitor both accuracy and speed throughout the dryland training periods. Scores and dates should be recorded as well as environmental factors such as wind.